

Skittles

DEBRIEF ACTIVITY



EQUIPMENT

PACKET OF SKITTLES.

INSTRUCTIONS

AT THE END OF THE DAY THE TEACHER OPENS A PACKET OF SKITTLES AND PUTS THEM IN A BOWL IN THE CENTRE OF THE GROUP OF STUDENTS. THE STUDENTS ARE ASKED TO REFLECT ON AN ASPECT OF THEIR EXPERIENCE DURING THE LESSON AND TO PICK A COLOUR THAT WOULD EXPLAIN THE EMOTIONS OR THOUGHTS THAT THEY WERE FEELING AT THE TIME. EACH STUDENT CAN THEN CHOOSE THE CORRESPONDING COLOUR SKITTLE AND A DISCUSSION CAN BE FACILITATED INVOLVING WHY STUDENTS CHOSE THE COLOUR THEY DID.



BreakAppz



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