

40/40 HOME

Warm Up Activity

EQUIPMENT

ONE HULA-HOOP AND ONE SOCCER BALL.

INSTRUCTIONS

THIS GAME IS BEST PLAYED OUTSIDE IN AN OPEN SPACE WHERE THE STUDENTS CAN FIND GOOD HIDING PLACES. THE HULA-HOOP AND SOCCER BALL ARE SET UP IN THE MIDDLE OF THE OVAL. ONE PERSON IS THEN CHOSEN TO BE 'IT'. ONE OF THE STUDENTS KICKS THE BALL AWAY THEN ALL THE STUDENTS RUN AND TRY AND HIDE BEHIND ANYTHING THEY CAN. THE PERSON WHO IS 'IT' GOES AND GETS THE BALL AND PLACES IT BACK IN THE HULA-HOOP. THE AIM FOR THE PERSON WHO IS 'IT' IS TO SEE THE STUDENTS WHO ARE HIDING AND CALL OUT, "40/40 I SEE MARK" OR "40/40 I SEE KATE". THE PERSON WHO IS 'IT' HAS ONE FOOT ON THE BALL WHILE HE SAYS THE STUDENTS HE CAN SEE. THE STUDENTS WHO ARE CAUGHT HAVE TO COME STAND TO THE SIDE; THEY ARE OUT FOR THE MOMENT. THE STUDENTS WHO ARE HAVE NOT BEEN CAUGHT HAVE TO TRY AND RUN OUT AND KICK THE BALL AWAY WITHOUT BEING CAUGHT. IF THEY DO THIS EVERYONE IS FREE AGAIN TO RUN AND HIDE. THE STUDENT WHO IS 'IT' WINS BY GETTING ALL THE STUDENTS OUT. TRY AND CHANGE THE PERSON WHO IS 'IT' EVERY TEN MINUTES.



BreakAppz



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