

# GROUP BUDDIES

## WARM UP ACTIVITY

### EQUIPMENT

MUSIC

### INSTRUCTIONS

STUDENTS START THE GAME IN SCATTERED FORMATION. WHEN THE MUSIC STARTS, STUDENTS BEGIN WALKING AROUND IN THE PLAYING AREA. WHEN THE MUSIC STOPS, THE STUDENTS FREEZE AND LISTEN TO THE TEACHER, WHO TELLS HOW THE GROUPS WILL BE FORMED: "SHOW US HOW QUICKLY YOU CAN FORM GROUPS BY THE COLOUR OF YOUR EYES." AFTER THE GROUP IS FORMED, STUDENTS GREET EACH OTHER. THE STUDENTS REPEAT THE ACTIVITY, PERFORMING OTHER LOCOMOTOR MOVEMENTS (RUNNING, JUMPING, HOPPING) AND USING OTHER CRITERION FOR GROUP FORMATION. SOME EXAMPLES ARE MONTH OF BIRTH, CLASSROOM ROW, FIRST VOWEL IN LAST NAME, ETC.



BreakAppz



@DALESIDEBOTTOM