

PAPER SCISSORS ROCK RACE

WARM UP ACTIVITY



INSTRUCTIONS

SPLIT THE STUDENTS INTO TWO EQUAL TEAMS. THEY GET TOGETHER IN THEIR TEAMS AND DECIDE THAT THE TEAM AS A WHOLE IS GOING TO PLAY 'ROCK', 'PAPER' OR 'SCISSORS'. THEY THEN 'FACE OFF' AT THE CENTRE LINE OF A GYM OR FIELD AND ON THE COUNT OF THREE THEY PLAY THEIR ROCK, PAPER OR SCISSORS. REMEMBER, PAPER BEATS ROCK, ROCK BEATS SCISSORS, AND SCISSORS BEATS PAPER. WHOEVER WINS THEN CHASES THE OTHER TEAM TO THE END LINE OF THE FIELD OR GYM AND CATCHES AS MANY PEOPLE AS THEY CAN ON THE WAY. THOSE THAT ARE CAUGHT NOW JOIN THE OTHER TEAM. THE GAME CONTINUES UNTIL ALL THE PLAYERS FROM ONE TEAM ARE CAUGHT. THIS GAME IS SUITABLE FOR ALL AGES.



BreakAppz



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