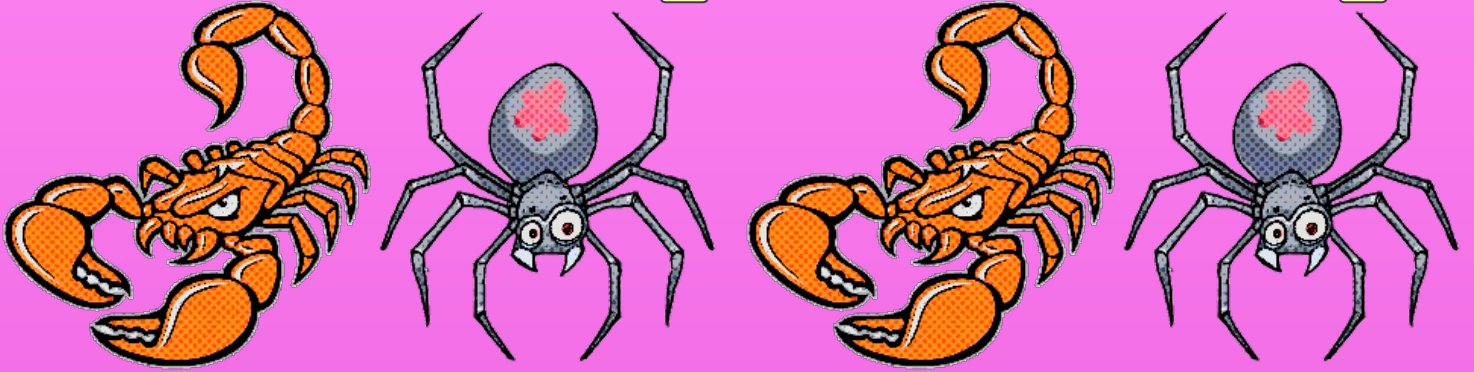


SPIDERS AND SCORPIONS

warm up activity

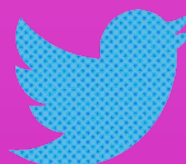


INSTRUCTIONS

FOUR STUDENTS ARE CHOSEN TO BE THE SCORPIONS. THE SCORPIONS HAVE TO MOVE AROUND ON ALL FOURS (BELLY FACING DOWN) AND TRY TO STING AS MANY OF THE OTHER STUDENTS AS POSSIBLE. THE OTHER STUDENTS ARE SPIDERS AND THEY HAVE TO MOVE AROUND ON ALL FOURS (BELLY FACING UP). IF A SPIDER IS STUNG IT MUST HOLD EITHER ONE ARM OR ONE FOOT UP IN THE AIR (THREE-POINT BALANCE) UNTIL ALL OF THE SPIDERS ARE STUNG OR TIME RUNS OUT. A VARIATION TO THE GAME CAN INCLUDE SPECIAL SPIDERS WHO CAN DELIVER AN ANTIDOTE AND RELEASE THE STUNG SPIDERS.



BreakAppz



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