

UP, DOWN, STOP, GO!

Warm Up Activity



Instructions

THIS IS A GREAT GAME TO IMPROVE LISTENING SKILLS AND MOVEMENT WITH STUDENTS.

STUDENTS WILL HAVE TO LISTEN VERY CAREFULLY.

- *ON GO - CHILDREN MUST STOP STILL.*
- *ON STOP - CHILDREN MUST MOVE AROUND THE SPACE EITHER WALKING OR RUNNING.*
- *ON UP - CHILDREN MUST SIT OR LAY DOWN.*
- *ON DOWN - CHILDREN MUST STRETCH UP TO THE CEILING.*

THE TEACHER CAN CATCH STUDENTS 'OUT' IF THEY PERFORM THE WRONG MOVEMENT. THIS WAY YOU CAN HAVE AN OVERALL WINNER AT THE END.



BreakAppz



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