

COLOUR BANDS FOR THE STUDENTS THAT ARE TAGGERS.

## MSTRUGIONS

BACK TO FRONT TAG IS BEST PLAYED OUTSIDE IN A LARGE OPEN AREA. THE GAME STARTS WITH THE TEACHER PICKING ONE STUDENT WHO IS 'IT'. THE REST OF THE STUDENTS THAT ARE NOT 'IT' HUDDLE UP IN A GROUP AND COUNT TO TEN WHILE THE 'IT' STUDENT RUNS AWAY.

AFTER THE HUDDLE HAS COUNTED TO TEN, THEY ALL RUN AFTER THE 'IT' STUDENT. WHEN ONE OF THE STUDENTS TAGS THE 'IT' STUDENT, THEN THEY BECOME 'IT' AS WELL AND HAVE TO RUN AWAY FROM ALL THE OTHER STUDENTS. BACK TO FRONT TAG IS LIKE REGULAR TAG BUT BACKWARDS. IT MAY BE A LITTLE CONFUSING AT THE START, BUT AFTER A COUPLE OF TIMES THE STUDENTS WILL LOVE THE DIFFERENT ASPECT OF THE GAME. BACK TO FRONT TAG IS A GREAT WARM-UP ACTIVITY FOR STUDENTS OUTSIDE.





